

What is...



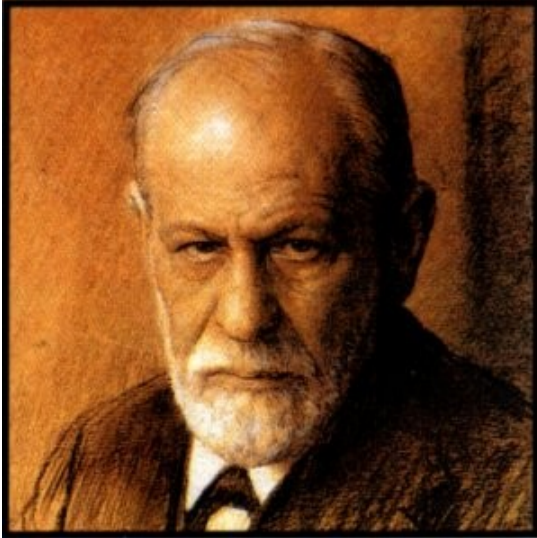
ATTRACTION?

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Can you guess what was the **ONE** question Sigmund Freud, *the father of modern psychology*, couldn't answer?

This question is the *mother-of-all-questions* since the dawn of the mating and courtship ritual of getting together with the opposite sex and procreating...or else, our ancestors would have failed in their "*Mission Possible*," and you wouldn't be here reading this.

"What do people want to be attracted to each other?"

However, good ole Mr. Freud was not asking the right question...

The real question is **NOT** *"what do people want?"* **but** *"what do people respond to?"* because truth is, we don't know what we want, but when something or someone comes along our way and cause us to respond in a strong emotional way, we can't help but to feel drawn to it...aka **attraction**.

What is "attraction"?



(No! No! No! It has nothing to do with the magnetic pull of 2-polar opposite forces...at least, that's NOT the type of attraction we're talking about here...you science geek! Hey I was a former geek...so I can't complain and join the club.) 😊

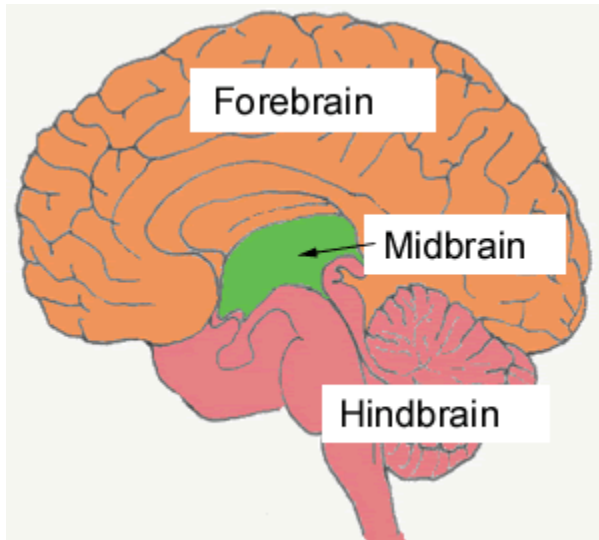
To simply put, attraction is *an uncontrollable response that just happens to what we are drawn to that even goes against what we prefer or thought we preferred.*

If you think that men and women want and are attracted to the same things...you are in for a rude awakening. All of us in here are driven by that emotion of seeking out that opposite sex mate to eventually bond with and pass on our genes. If not, your genes will wipe out of existence, and you will cease to exist.

Now I confess, in a way, I have always been extremely fascinated by psychology, especially when it comes to the realm of [sexual psychology](#). Knowing how the complex human mind works, is one of my favorite acquired taste.

The attraction between a male and a female is what I will be talking about.

I want to start off by talking about the **human brain**.



In prehistoric cavemen times, *(and I am not trying to clash with any of your beliefs here)* during the evolutionary process, our human brain was once a “reptilian brain,” in the very beginning. The reptilian brain is the brain stem and the deepest part of our brain. It is responsible for our primal urges, instincts, and base desires, like sex.

The next level of development is the “emotional brain.” This is where we store memories and feelings

The last and most advanced development is the “cognitive brain.” The cognitive brain is the layer that evolved most recently and is responsible for higher thinking and logic; basically, it is the intelligence of a person.

Now you are probably wondering, how is this all related to the field of attraction?

Well, there is a huge difference between what people say they want and what they are attracted to. There are many conflicting drives going on in our human mind.

For an example, let's say that you and your girlfriend have been going out for a while, and she encounters this guy who she is very much attracted to and wants him.

But why?

On a logical level, she knows it is wrong; however, her emotional brain will team up along with the reptilian brain in overriding the logical brain's position on things. She can not help it; and this feeling of attraction, or if she does have sex with the guy, will almost always be justified with her [chick logic](#). This is where most infidelity and sexual fantasies are created.

There has been study shown that if your logic were to ever engage in a battle with your emotion, the emotion will win because it has been around longer, and it has only been recently that logic has been developed in human beings; and that logic is the thing that separates us humans from animals, or cavemen.

Now what is the best way to describe this process so-called "attraction"?



Attraction is an illogical process. It is stronger than any amount of reasons, stronger than a parent's warning, and stronger than bad experiences.

Attraction happens at an unconscious level as an automatic emotional response to certain cues. You don't feel attracted to somebody just by thinking, "*Oh, I like this person, so I think I will feel attracted to them,*" no, that feeling of attraction just pops up without you even thinking about it. This is why love at first sight occurs. Attraction is designed to hijack a human mind and body for its own selfish needs.

Now that you know what attraction is, let's get right down to the goodies, what do men and women find attractive?

Men have a very simple straight forward way of feeling attraction towards a woman based on **her physical appeal** for replication value, **big breasts** *that stores milk for feeding the babies*, **hip-to-waist ratio**, *which is typically a 7 because that is ideal for giving birth without crashing the babies' head*, and **symmetrical face** and **long hair** *show the quality of her genes* and people with great genes tend to have more a perfect symmetrical face and grow healthy hair.

Basically, all of these **physical indicators** are *health status of what type of child she is going to bear for the man into this world*. If she is not physically attractive, then there must be something deficient with her genes, and the man's child she is going to bear into this world has a least likely chance to survive and pass on the man's genes.

If a man sees a woman with the ideal physical traits, his attraction switches will go off immediately without him even thinking about it, or you can look at it like his reptilian brain takes over to satisfy its primal needs and desires; and he instantly gets horny and wants to have sex with this woman.

Can someone say "*attraction in the air*"?

Now for the woman, they have a very complex way of feeling attraction towards a man...

Women are attracted to more intangible aspects like **personality, style,** and **communication**...all part of the women courtship phase. These are her **prediction indicators** of *what kind of life the man is able to provide for her so she gets the most out of life* like **resources, security, fun, and excitement.**

"Looks" play a lesser to insignificant value to a woman because a woman is looking for a guy for survival value. Now I am not saying that looks don't matter, it certainly helps, like how tall a man is and how big he is because in cavemen times, women needed a man's physical strength to bring home the food and resources and protect her from a saber tooth or other rival tribes from killing her.

Society has changed so much in a short amount of time, but our evolutionary biological process *is so slow and hasn't adapted much with society that pretty much these minor physical traits are still attractive to women.* That being said, a guy being secured in his own world and doing his own thing towards an alpha lifestyle that is attracted to women will make a woman want to be a part of his life; he wants a woman but he doesn't need her, setting up himself as the prize she is trying to win over.

Well, this is only the tip of the iceberg. There are many more depths to be explored on this topic of attraction. Of course, everybody is different and not going to fall for the same thing, but the universal principles apply to the general population through thousands and thousands of years of scientific evolution. You can't deny what is human nature.

Now I want to leave you with is a story:



There was this frog near the bank of the river. One day a scorpion approached this frog and asked the frog if the frog could carry him cross the river. The frog said that if he carried the scorpion across, the scorpion would sting him, but the scorpion said that if he stung the frog, they would both drown, and the frog thought "*oh that makes, logical sense.*" So the scorpion got on the frog's back and was carried to the other side; as they got half way to the other side, the scorpion stung the frog. As they were both drowning to their death, the frog asked "*why?*" and the scorpion replied "*it's my nature.*"

Same thing for **attraction**...*it is illogical and uncontrollable.*

Hope you have enjoyed this. Remember please feel free to pass this along to anybody you like.

Gabriel

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P.S. If you ever have any question, send them to me at askgabriel@socialnatural.com. I'll be sure to read them.

