

The **Power** of  
*REFRAMING*  
to **Control any Social Situation**



By: Gabriel Angelo  
<http://www.socialnatural.com>

Feel free to pass this along to anybody who will and might benefit from this.

Be sure to visit <http://www.socialnatural.com> for more great tips and advices on the art social skills dynamics mastery.



*(From “What can I say now?” to “What does that say about her?”)*

Imagine you’re talking with a hot girl, hanging out with her all night, and then...the moment of truth comes...you go in for the dreaded phone number, and she tells you, *“No, I don’t give out my phone number.”*

Yikes! You sweat up thinking, *“What can I say now?”*

*“Should I now just walk away with my tail between my legs?”*

If you even thought about that, you should take up a crowbar and batter out your brain my friend.

You see, it’s not really about the lines, what to think about to say next, or memorizing a myriad of clever lines...as a matter of fact, memorizing lines is not the ideal way you want to go.

You want to be able to devise ways to be able to come up with your own unique clever responses every time.

## The Power of Reframing to Control any Social Situation | Social Natural

This is called a [social structure](#), “your very own formula that you just plug in what she says to generate your own unique responses every time.”

Using certain social structures, you can **reframe** any social dynamic interaction into your favor.

### Now what do I mean by “reframe”?



A “**frame**” is a psychological way of how your brain draws in interpretation. Reframing is giving it whole new different interpretation from the natural tendency in a positive way that will benefit you; hence, placing a brand new frame over it.

#### For example:

The natural tendency, “*I failed at getting that girl.*”, reframed to, “*I learned a pricey-lesson to get that girl next time, at no cost too.*”

For example, like a frame you put on around a painting to make it look radically different because the eyes draw in the entire, encompassed picture-and-frame together as one, having a different kind of frame

surrounding that painting can make it look so much better, or worse, changing your perception of its value.

Think of it this way, imagine having a very stale-bland piece of artwork, but with a very shiny magnificent frame around it. Your eyes will absorb the entire thing as a whole, the picture-and-frame as 1-thing instead of 2-separate things. Because of the fancy frame, your mind will take in the art-piece as higher perceived value than it should be because of the expensive frame projecting that illusion.

The opposite is true, imagine having a well-made painting surrounded by a cheesy frame. Your eyes will absorb the entire piece work of art as crap because the frame made it perceived that way...like that painting didn't deserve a fancy frame.

Now back to attracting and getting girls...

This is a frame you should put on your social dynamics interaction:

**From...**

*"What should I say now?"*

**to...**

*"What does that tell me about her?"*

This is the most powerful, effective frame-of-mind you can come from whenever you're talking to girls, or people in general, when you have nothing to say next, you lose your train of thought, your mind goes blank, you're at a loss for words, your brain freezes, etc.

Now what should you do when a girl refuses your offer, not willingly to

## The Power of Reframing to Control any Social Situation | Social Natural

comply, such as giving you her phone number?

Could this possibly be another girl's [shit test](#)?

Well first of all, never fall into the frame of "What can I say now/next?"

### The Assumptive Outrageousness Social Structure



The social structure I want to show you today to reframe any testy, unpleasant social situation is "the Assumptive Outrageousness".

This social structure of Assumptive Outrageousness will reframe everything the girl says to tease her and make her seen silly by you exaggerating your hypothetical assumptions to the extreme outrageousness...all for good fun.

Here's the formula to plug into:

Take what the girl says, and ask yourself, "What does she just said tells me about her that I can assumedly teased her outrageously about that is playful-and-funny?"

Now back to our beginning example, you asked for a girl's phone number, but she gives you this response, "No, I don't give out my phone number."

Well, that tells me outrageously assumedly that (and I'll be being assumptive about her that teases her and is playful-and-funny)...

A.) "Oh forgot to pay your bill I see? It's ok I understand you don't want to admit that." 😊

B.) "Oh so you must only have 1 contact in your phone then...your parents, and yourself don't count." 😊

C.) "Oh you're that BIG of a DEAL, think your too cool to give your number." 😊

Either she will give in to this and play along and you can ask for her number again later, or she will say "I don't know you." (typical excuse girls will give for not giving number)

This tells me that in an outrageous-assumptive way that is playful and funny, while teasing her, that she need a very long time for somebody to know her...and I do mean a very, very long time...

"Hahaha. So it takes somebody at least 20 years to know you and give out your number? I think we know each other pretty well. We talked for a bit. I know that you have gorgeous blue-eye, like wearing black, and "you don't give out phone numbers" and "forgot to pay your bill" and "only have 1 contact in your phone". You see that guy standing near the wall over there you haven't talked to? Now that's a guy you don't know."

Keep going along with it. Every time she doesn't give you her phone

number, tease her about it.

Remember never come from a frame, *“What can I say now?”*, but instead use this social structure, Assumptive Outrageousness, to reframe the scenario to *“What does that say about her that is outrageously playful-and-funny and teases her?”*

### Bi-Winning Arguments...Sheen's Style



As an added bonus, you can also use this “Assumptive Outrageousness” to argue with somebody.

For example, if somebody calls you, *“You're a dumbass!”*

What does that person just said tells me about him/her between the line?

Well, he/she must really know what being a dumbass is all about, so I just use that right back on him..

*“You must really know what being a dumbass is supposed to be like.”*

Reframing social situation effectively takes a lot of practice and unexpected practices to get good at, but once you do, you will have a lot of



The Power of Reframing to Control any Social Situation | **Social Natural**

reframing social structures that come up automatically.

You will be able to control every social interaction in your favor.

The Power of Reframing to Control any Social Situation | Social Natural

Hope you have enjoyed this. Remember please feel free to pass this along to anybody you like.

Gabriel

<http://www.socialnatural.com>

P.S. If you ever have any question, send them to me at [askgabriel@socialnatural.com](mailto:askgabriel@socialnatural.com). I'll be sure to read them.

